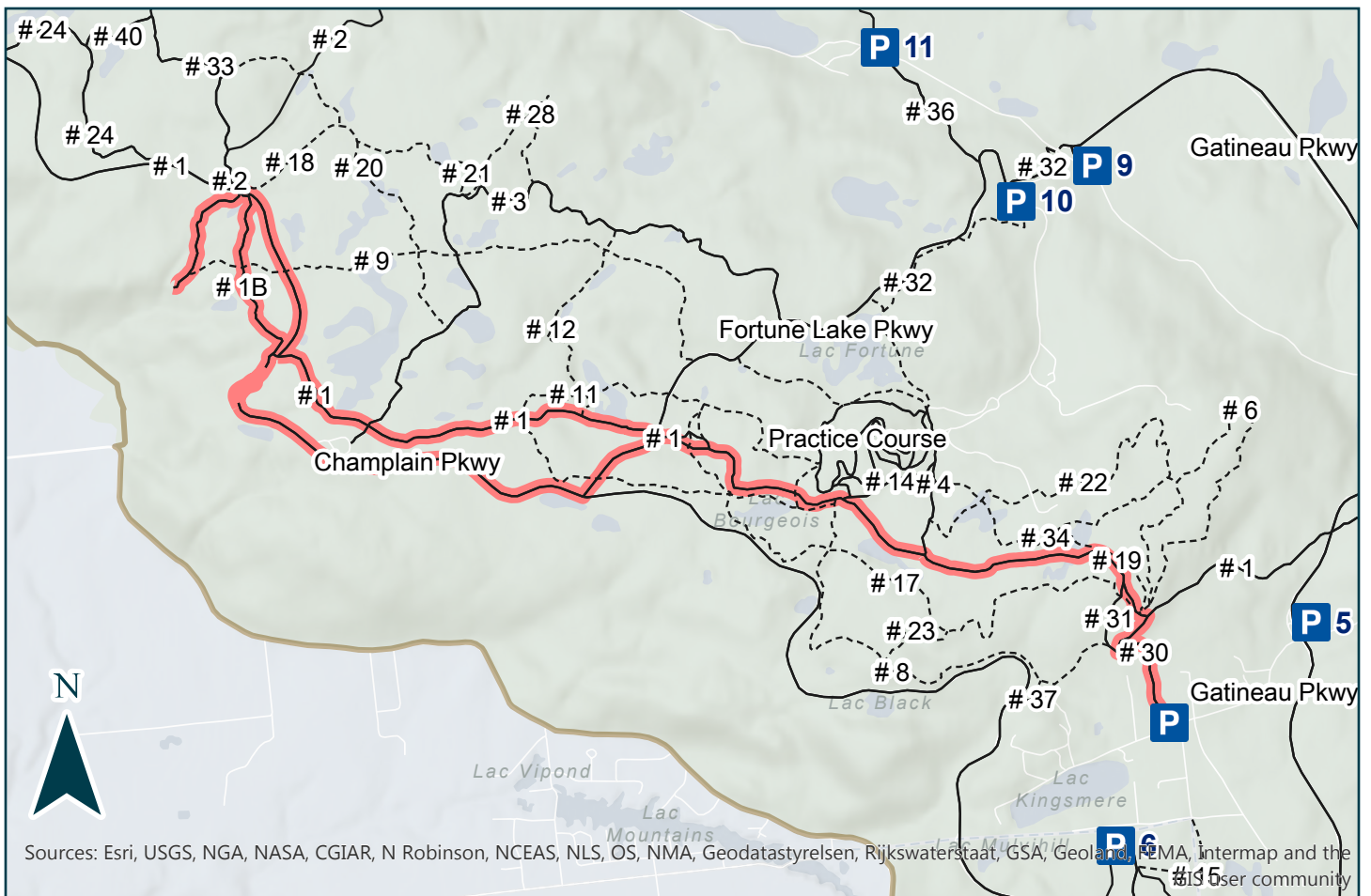


The Heart of the Network

P7 to Western



2018-11-20

Technical Information

Start: P7 parking lot, Kingsmere Road, Chelsea

Total Distance: 18.9 km (you can turn around at any point on this route)

Level of Difficulty: Easy to Intermediate

Technique: Classic or skate skiing

Route: Trails 30, 1 and 2; stop at Western Shelter; return via trails 2, 1B, Champlain Parkway, Fortune Parkway and 1

Note: The first 1.5 km includes a challenging climb.

- There are four shelters on this route: Keogan, Shilly Shally, Huron and Western. This loop trail in the heart of the network was developed by the Ottawa Ski Club in the early 20th century. People have been skiing in this area for close to 100 years.
- Wattsford Lookout provides an exceptional view of the cities of Gatineau and Ottawa.
- Champlain Lookout offers an impressive view of the Ottawa Valley from a height of 300m, atop the Eardley Escarpment. The escarpment marks the junction where the Canadian Shield meets the St. Lawrence Lowlands. Facing south-southwest, the cliff has a warm, dry microclimate that supports rare types of vegetation.
- Did you know that, in Gatineau Park, white-tailed deer migrate to the Eardley Escarpment, where the snow cover is thinner? Viewed from above, the area reveals deer yards. These well-trodden paths are used repeatedly by deer to get around, helping them to save energy in the wintertime.



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